



Parc
Jean-Drapeau

Aquatic Complex Regulations 2023

Société du
parc Jean-Drapeau

January 2023

The maximum number of swimmers in the confines of the recreational pool is 1000.

Children under the age of 8 must at all times be within arm's reach of a person aged 16 and over in the swimming area, based on the ratio below:

0 to 24 months: 1 adult / 1 child
25 months to 8 yrs: 1 adult / 3 children

Mandatory:

- Every swimmer and chaperone must wear a bathing suit, meaning a clothing used solely for swimming and which allows for swimming freely (babies must wear a swim diaper).
- Shower before entering the water.
- Follow the instructions from staff once the whistle sounds.
- Comply with the chaperone regulations and the obligations required in monitoring young children.
- Check water depth and choose a section of the pool suited to the child's swimming ability.
- Only use safety belts (dorsal ball or hippo belt) and personal flotation devices (PFD) as a means of support for swimming.

Prohibited:

- Soiling the water in any manner whatsoever (urine, drinks, spitting, etc.).
- Diving head-first and climbing on the shoulders of another person, shoving and/or dunking other swimmers.
- Using diving masks, fins, tubas, inflatable games, balls and frisbees all pools.
- Smoking and vaping within an area of nine (9) metres of the Aquatic Complex. It is also prohibited to use cannabis within the aforementioned area or any other area in which there is a ban.
- Using a personal speaker/amplifier to play music within the confines of the Aquatic Complex.
- The consumption of any kind of alcoholic drink.
- Bringing glass containers is not allowed (plastic bottles are permitted).
- Consuming food and drinks anywhere other than in the shaded area between the competition and the recreational pool.
- Bringing a pet, including a pet on a leash.
- Filming and taking photos in the changing rooms, on the deck of the pool and wading pool.
- Running.



The people in charge of the Aquatic Complex have full authority and reserve the right to reprimand and expel anyone who violates one of the above regulations or who disrupts activities, the safety of other swimmers or who displays a lack of respect, civility or politeness.

Parc Jean-Drapeau is not responsible for lost or stolen items.

IN THE EVENT OF AN EMERGENCY

- A long whistle means there is an emergency; if this signal is heard, every swimmer must come to a standstill and follow the instructions that are issued.
- The lifeguards and people in charge of the pool must immediately be informed of any accident or incident.

General rules for the changing rooms:

- Children aged 8 and under may use the changing room of the person chaperoning them.
- Keep the premises clean.
- Notify pool staff of any inappropriate behavior.
- Change quietly and discreetly and cover yourself with a towel when walking around in the changing room.
- No loitering in the changing rooms.

Swimmer's code:

- Choose a lane: Choose a swimming lane that fits your calibre of swimming (slow, medium, fast).
- Circulation: Always swim to the right of the lane. Make passing moves on the left side.
- Passing: Lightly tap the foot of the swimmer ahead of you to indicate you want to pass. This swimmer must maintain their pace without speeding up and move to the right. If the passing occurs at the end of the lane, the person passing has priority for the turn.
- When stopping: Always leave the middle of the lane ends open to allow for turnings.
- Courtesy: Show courtesy to the other swimmers and reassess whether the lane you have chosen is the proper one.

Diving regulations:

- Maximum capacity of swimmers within the confines of the diving pool is 284.
- No swimming in the area reserved for springboards.
- A person must be 1.35 metres or above in height to have access to the 3-metre springboards.
- No running or doing double jumps on the springboards.
- After your dive, you must get out of the water as quickly as possible and use the nearest ladder.
- Before climbing on the springboard, the diver must wait until the person in front of them has jumped and wait until the preceding diver has reached the ladder.
- Divers must conduct themselves in a safe manner at all times while on the springboard and platform.
- If required, additional regulations may be applied in any situation in which there is a security breach.

Inflatable structure regulations:

- Diving from the structure is prohibited.
- A lifejacket may be required, at the lifeguard's discretion.
- Children aged 8 and under are not allowed to use the inflatable structures.
- Get out of the water quickly.
- No shoving.
- Going underneath the structure is prohibited.