



**Sunday, August 14, 2016**

**Introduction to Olympics Day at Parc Jean-Drapeau**

**Montréal, August 11, 2016** – Olympic Games' excitement is about to descend on Parc Jean-Drapeau! Next Sunday, August 14, the Aquatic Complex and Olympic Basin team is organizing a wide range of activities and entertainment for families, under the theme "Introduction to the Olympics". On this special day, admission to the Aquatic Complex is free for children aged 13 and under, while access to the Olympic Basin is free for everyone.

**An array of fun activities at the Aquatic Complex**

From 10 a.m. to 4 p.m. at the Aquatic Complex, youngsters will have the opportunity to take part in introductory workshops for swimming and water polo, and they can also attend a diving and synchronized swimming demonstration. Children can also have fun and test their skills at the mini-Olympics, participate in water-related games and have the chance to win door prizes throughout the day. And while they're at it, they can enjoy themselves to their heart's content in the huge inflatable structure on the water, play the variety of water games, or simply go for a swim in the Aquatic Complex's recreational pool!

**Discovering water sports at the Olympic Basin**

Built in 1976 for the Summer Olympics in Montréal, the Olympic Basin plays host every year to hundreds of amateur and professional athletes who come to do their training and enjoy this unique venue in North America. From noon to 3 p.m., on Sunday, August 14, there are loads of activities being organized at the Olympic Basin to familiarize the general public with some of the water-related sports that are currently among the competitive events at the 2016 Summer Olympics in Rio.

Various sports clubs in Montréal will be presenting introductory and/or demonstration workshops in rowing, canoeing, dragon-boating and kayaking. And, to stretch their legs and get some exercise, tiny tots can also have fun with an event-filled giant inflatable structure. There's a load of surprises for participants, too, including entertainment, music and draws for door prizes.

**About Parc Jean-Drapeau**

Just steps from home, and easily accessible by subway (Jean-Drapeau station exit), Parc Jean-Drapeau presents a wide array of recreation-tourist attractions, making it a unique spot in Canada in this regard. For full details about the activities at Parc Jean-Drapeau, please go to [www.parcjeandrapeau.com](http://www.parcjeandrapeau.com).