



Parc  
Jean-Drapeau

# Aquatic Complex

## 2024 Regulations

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Société du parc Jean-Drapeau  
January, 2024

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## **Maximum capacity of swimmers in the confines of the recreation pool is 1.000 people**

Children under the age of 8 must be must always be within easy reach of a person aged 16 and over in the swimming area, based on the ratios below:

**8 years and -: 1 adult/3 children**

### **MANDATORY**

- Every swimmer and chaperone must wear a swimsuit; clothing used only for swimming, and which allows the swimmer free movement .
- If necessary, a swimming diaper must be worn under the swimsuit (regular diapers are prohibited).
- Take a shower before entering the water.
- At the sound of the whistle, you must follow the instructions issued by the staff.
- Obey the regulations for chaperones and the responsibilities for monitoring young children.
- Check the depth of the water and choose a section of the pool suited for the children's swimming ability.
- The use of safety belts (dorsal ball or hippo belt) and personal flotation devices (PFD) as a means of swimming support is permitted.

### **PROHIBITED**

- Diving head-first and climbing on the shoulders of another person, shoving and/or dunking other swimmers is prohibited.
- Smoking and vaping is prohibited within a nine (9) meter radius of the Aquatic Complex. The use of cannabis in this aforementioned radius or any other area subject to a ban is prohibited.
- Taking photos or videos of Aquatic Complex users is not permitted.
- Use of a personal sound system to play music in the confines of the Aquatic Complex is prohibited.
- Consumption of any type of alcoholic drink or beverage is prohibited.
- Glass containers are prohibited; plastic bottles are permitted.
- Pets, including those kept on a leash, are not allowed.
- No running
- Rolling stock (bicycle, inline roller skates, scooter) are not permitted in the confines of the pool.



The people in charge of the Aquatic Complex have full authority and reserve the right to penalize and expel anyone who violates any of the above-mentioned regulations or who disrupts activities and the safety of the other swimmers or who displays a lack of respect, civility or politeness.

Parc Jean-Drapeau is not responsible for lost or stolen items.

#### IN THE EVENT OF AN EMERGENCY

- A long whistle means there is an emergency. If you hear this signal, every swimmer must come to a standstill and follow the instructions that are issued.
- The lifeguards and the people in charge of the pool must be immediately informed about any accident or incident.

## **CHANGING ROOM REGULATIONS**

- Keep the premises clean.
- Notify pool staff of any inappropriate behavior.
- Nudity is prohibited. Use of the cubicles is required.
- No loitering in the changing rooms.

## **SWIMMER'S CODE**

- Lane selection: Choose the swimming lane that matches your speed (slow, medium or fast).
- Circulation: Always swim on the right-hand side of the lane. Make your passing move on the left.
- Passing: Lightly touch the foot of the swimmer ahead of you to indicate you want to pass. This swimmer must maintain his or her pace, without accelerating, and move over to the right. If the passing move occurs at the end of the lane, the person passing has the right of way for the turn.
- Pause: Always leave the middle of the lane ends free to allow for turns.
- Courtesy: Be courteous to other swimmers and re-think whether the lane you have chosen is the proper one.

## **DIVING REGULATIONS**

- The maximum capacity for swimmers in the confines of the diving pool is 284 people.
- Swimming in the area reserved for springboards is not permitted.
- You must be at least 1.35 meters tall to be allowed to use the 3-metre springboards.
- No running or doing double jumps is allowed on the springboards.
- After your dive you must quickly come out of the water and use the nearest ladder.
- Before getting on the springboard, the user must wait until the person ahead has jumped and wait until the previous diver has reached the ladder.
- Divers must act in a safe manner at all times on the springboard and platform.
- If needed, additional regulations may be applied in any situation related to achieving overall safety.

## **INFLATABLES STRUCTURE REGULATIONS**

- Children aged 8 and under are not allowed to use the inflatable structures.
- Diving from the structure is prohibited.
- At the lifeguard's discretion, wearing a safety jacket may be required.
- Get out of the water quickly
- No shoving.
- Going under the structure is prohibited.